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Tribute to Selfless Heart

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It's the time of University exam. She got AUR (Anna University Representative) duty to the nearby college for a week. She had to start early and reach the place before the exam. She quit morning breakfast and ate lunch in external college. She was sensitive to food habits. It's the time for her to submit her Ph.D. synopsis. She was tensed with her work for not completing on time. Her tongue got irritated and its tip got reddened. She was not in the position to take leave so she thought she could get an appointment with the doctor after a week. Her bad luck sustained that she heard her college was filed for NBA accreditation. No one would allow taking leave up to the time of accreditation work get over. Another ten days rolled away by starting 7.30 am and reaching back only by eight or nine at night.

She procrastinated to visit the doctor her tongue ulcer turned to cancer. It gave too much irritation, her own teeth became her enemy it bit her tongue repeatedly while she was coughing. She explained her situation to the head of the department and got permission to take a day off. She went to the hospital for consultation. There the kind-hearted dental doctor says her wound looks intense and it may be the initial stage of cancer. The doctor was considerate that she was only thirty-five who is in the teaching profession. She explained all the things to the patient and to her husband clearly and asked her to take the biopsy on that day itself.

She was blessed to have such a caring husband who works in the same profession understands her situation. The doctor informed they would get the report after a week. She asked to ring and confirm the result. In the next week, they rushed to the hospital and she was asked to wait. She made her sit comfortably and asked her chief to explain the report. They both counseled her by



saying; cancer is not the disease which would kill people. Proper medication would cure the patients in an initial stage.

The chief explained everything what would be the consequences of the operation or if we forfeited without treatment the sustainability of lifespan is only for few months. First, this news shocked her and she was hesitant to know how she could she get the disease. She never had any bad habits and she never consumed beetle in her lifetime. She started crying by thinking about her condition. They consoled and send her to oncology department. She started weeping without seeing anyone's face. Sometimes, God would come in the human form and give the prediction in our worst state. There appeared an unknown man asked about the reason for her crying. She wept and said she got squamous cell carcinoma (tongue cancer). He said early dedication would always cure any disease so there is no need to bother about that. She and her husband met a chief oncologist. He is in a hurry to visit America to attend the conference. He checked the patient and said he would do the operation within a month.

Some threatened the operation had a change of getting the situation worse. They got hesitant to go for the operation. They informed to meet the doctor by next week and returned with the sad note. She wept a lot and informed to her brother who is working as a Physiotherapist. He consulted with so many doctors and they advised to go directly to Adiyar cancer institute. This disease made her realize what the value of the human life is and how people played there in the life of innocent. One of her family friends advised her to meet the local doctor for the general suggestion.

They went to that hospital. He checked her and said the teeth on that right side are to be removed and there are two types of treatment. One is chemotherapy and the other is operation. He simply asked to check the blood, sugar and to take CT scan. At the time of taking blood itself, the man who worked there warned the couple to beware of him. So they said to the doctor that they would meet him in the following week. Her husband's close friend informed him there was the homeopathy doctor who is good in curing diseases. With a lot of faith, he took her to him. His hospital is like a small home and he gave some medicine which would suppress her disease a little.



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He talked with faith and confidence that initial inferences of any infirmities are easily curable. He sowed the seed of confidence by his examples and made the couple to visit him repeatedly. That doctor introduced another who is the teacher of him and he would help him to learn a lot in medicine. To save her life her husband took her to that doctor too. He is the one who gave a book by saying he is doing research by curing the people by giving the medicine which would be prepared by flowers, and he created a mirage all our problems get over by reading the books and taking the pills he provided them. Though they are educated they foolishly paid money and bought the medicine and ate it. Within two doses her irritation got agitated and finally ran to Adiyar cancer institute.

It is located in-between Gandhi Mandapam and NIT campus Chennai. We never thought about such a big hospital in the heart of the city. That hospital is doing selfless service and made many families to lead their happy life with their loved one. The procedure to enter is a little bit confusing in the first but it is the only best cancer center around Tamilnadu. If the patient first time goes there, they have to register their name. The concerned doctor will examine the patient. After checking the intensity of the disease they will counsel the patient which is the correct treatment to procure for their disease. It's her turn she patiently explained her health condition to VV doctor. He took special care and informed to operate her as early as possible to avoid spreading the disease. He promised that this operation would never affect her teaching career and she may have the full possibility to continue her profession.

The day of operation came, the final test before an operation was done. She had a severe cold and cough. The doctor examined and informed that she was not fit for an operation because a continuous cough may affect her throat. Then the operation was postponed after a week though she was strong this disease little bit shakes her heart. In childhood days before her marriage, she went with her mother to see horoscope through handprints. At that time astrologer informed that she will get the baby little bit later and she would face some disease related to sunburn and she will get cure surely after that. These recollections consoled her slightly.



Her husband, brother, and sister stand for her before operation theatre. The hospital is not new to her why because she already approached several gynecologists for baby and once she pitiously admitted hospital for her miscarriage. After that incident, this is the second big one which is happening in her life. All her jewels were removed for operation including her Thali. It is the holy chain which would never take out from the neck of women till her death in Indian tradition. It is very holy and spiritual for married women like the wedding ring. She doesn't know where she was entering. After having anesthesia her memory faded slowly.

Next, to the operation, she regained her consciousness. While taking back to ICU her husband and brother eagerly waiting to see her. With little consciousness, she waved her hand to them and gets back to it. She was a little bit uncomfortable with the urine pad and she struggled hard to convey them to remove it. She had her operation on her tongue and all her thirty-two nodes were removed from her neck. She was not known whether she could come back as the vital lady to her job and she can speak effectively again as an English teacher.

Everyone thinks the ICU is the place where the serious patients are to be kept without consciousness. In reality, it is not like that. That world is entirely different from which no one could imagine without experiencing that. After the first day, she got conscious. She woke up by seeing some passionate sisters cleaning her with the towel and wearing the new dress. Then she regained her conscious and slightly asked to sit there on the bed. A group of doctors approached every patient and checked the history of them in the early 4. 30 am. She was operated in tongue and throat got struck by the cold. One of the doctors while approaching checked her keenly and helped her to vomit by showing the case. The blood came frequently in her vomit and she was asked to rinse her mouth often.

In the evening she was shifted to some other room where they keep the second stage of ICU patients. In the evening the AC room's chillness didn't suit her and she got a heavy fever. They checked her blood count the hemoglobin count is very less. The nurse informed to the blood bank to give B+ blood. In the evening the blood is given to her and on the next day morning, the team of



experts visited the patients at four o' clock and they monitored the health condition. Aravind Krishnamoorthy doctor personally examined her health condition and asked the nurse to shift her to the general ward. VV doctor also accompanying with other doctors and motivated her to speak. The voice was not coming though she struggled a lot. He said it would be normal within few days. Slowly she could gain her speech.

Then the nurse approached her and said someone is waiting outside to see her. With full of strength, she raised and went to see. It was her brother standing with bright face waiting to see her. She swayed her hand and with the bright face, he saw her husband, brother, and sister. Everyone in her family wholehearted longed for her to come back with full health. God's grace she regained her fitness. Though she suffered for few months she joined back in college and she is working with full of confidence. In olden days there was no medication for cancer. But in present scenario, there is a cure for everything. Early deduction of any disease may cure all types of ailments. Prevention is better than cure.

We all working hard to reach success but we forget health is wealth. Though we are in the higher position or in the toughest working area everyone has to take care of their health. Proper awareness should be cultivated among everybody to approach correct doctor at the correct time. Everyone gets an equal opportunity to lead a healthy life. By eating nutritious food, proper diet and meditation and yoga would make us healthy and wealthy. Once this disease got cured the patient has to go for review three months once for three years, then, six months once for two years and yearly once throughout their life. We have to check our body periodically.

Without seeing their welfare many kind-hearted doctors working to serve the society. They always sustained in the heart of each one's mind throughout their life. Comparing to all profession medical profession is the noble profession. They give rebirth to us as a second god. This story is the tribute to all kind-hearted oncologists who spends their utmost time to cure the disease of the patients. "We committedly thank all the doctors; long live all generous ones".